

PROPOSED BY-LAW CHANGES

A proposal to change the Ames Post By-Laws will be considered at the November 14 meeting. The proposal was approved in October and is being presented for final consideration in November.

The proposal would make changes in the committee meeting sections. Of Article VI. Section 2 would change to read *"The Operations Committee will meet a minimum of once per month as outlined in Section 8."*

Section 4 would change to read *"The Social Committee will meet a minimum of once per month as outlined in Section 8."*

Section 8 would be created and read *"The first meeting of any standing*

Committee will take place in early August at a date and time agreeable to the members of the Committee and during that meeting they will establish a set date and time to meet each month for the remainder of the year, based upon the collective input of the committee membership; and that each committee will then promulgate an annual schedule of meetings to the Executive Board and Post Membership in sufficient time that it may be adequately announced to the Post to allow interested parties to attend the meeting."

If the proposal is approved, it will be come effective immediately.



The Ames Patriotic Council will host their annual Veterans Day ceremony at 11AM on November 11. The ceremony will be held in the Ames City Auditorium. Former Congressman Leonard Boswell will be the featured speaker.

Following the ceremony, the Ames Post will host an open house and luncheon.

The Main Street flags will be posted at 7AM on November 9 and be taken down at 4PM on Veterans Day. Volunteers to help with the flags are needed.

EARLY BIRD MEMBERS INVITED TO DINNER

Each year those members that renew early are invited to a free dinner as a thank-you for renewing their dues. That dinner will be held on November 16 with serving from 5:30-7:00. The menu will be Roast Beef, mashed potatoes & gravy, corn, dinner roll and salad bar. For those nonmembers attending as guests, the cost will \$8.00

Membership Chairman Marion Eacret has informed us that the

Post is nearly 50 members below our total at this time last year and that the SAL Squadron membership is also behind last year.

We need you to renew as soon as you can. Remember we have the State Commander from our Post this year. The best way to show our support for him is through our membership. Renew now and show Iowa our support.

Inside this issue:

Post Commander	2
Unit President	2
Squadron Commander	2
Clubroom Events	3
Sudany Brunch	3
Academic Awards	3
Veterans Benefits Events	3

Post Commander Doug's Comments

To my fellow Legionnaires, thank you for your service. To the Members of the Auxiliary and Sons, thank you for your dedicated support and love of your Legionnaire during the times he or she was away serving our country.

November means Veteran's Day. A day which we Americans set aside to reflect and pay thanks to those among us, past and present, whom answered the call to defend the freedoms and rights of their fellow Americans, but also answered the call to fight to end the tyranny and oppression of those unable to fight for themselves.

This Veterans Day, I ask that you take time from your busy schedules and reflect upon the service and sacrifices of the veterans and their families among us, thanking them for their service and offering a hand of respect and understanding of the situations they have boldly faced and endured on our

behalf. Our freedom did not come easily, nor in the years since our forefathers won that freedom for us, should be take it for granted.

As you will see from the Post Calendar, it will be a busy month. We start with the Sons hosting our monthly Steak Dinner on the 2nd and follow that up with our Veterans Day Luncheon at the Post on November 11th. The Early Bird Dinner will be the 16th, and the quarterly Building Fundraising Brunch on the 24th. I hope that you will be able to join us at one or more of these events.

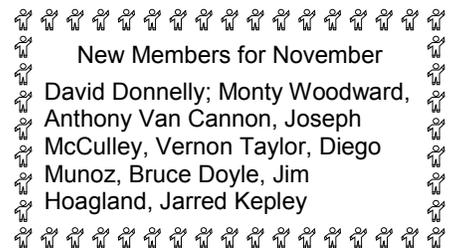
We also have some new members that I would like to welcome to the Ames Legion Family. I have had the opportunity to speak with some of you and welcome the chance to speak with those I have not had the privilege of meeting. I would also like to start recognizing our new members each month in our Newsletter in a new section, so our entire

Post Family can also welcome them.

This month, we are also proposing changes to our By-Laws in yet another effort to help improve the effectiveness and efficiency of the Post and our operations. Please take a moment to review that proposed change and voice your comments or concerns at the Post regular Meeting on the 14th.

I hope that each and every one of you have a wonderful November and a Happy Thanksgiving with family and friends.

I look forward to seeing you at the Post.



 New Members for November

 David Donnelly; Monty Woodward,

 Anthony Van Cannon, Joseph

 McCulley, Vernon Taylor, Diego

 Munoz, Bruce Doyle, Jim

 Hoagland, Jarred Kepley

Unit President Sharon's Comments

Hi Everyone,

Well Fall is here. We went to the 6th District Meeting in Des Moines. We had a speaker from the New Women's Clinic Center at the Veterans Hospital in Des Moines. It sounds like a real nice place.

Ladies, if you know anyone who loves to get flowers, the Building Fund is selling the flower cards again this year. I got my first flowers and they are nice. I can't wait until next month.

I hope all of you can come to the meeting on November 5th, the first Tuesday of the month at 7:00 pm. We'll have a speaker, her name is Kathy Geis. She is a teacher in a homeschooling program.

Ladies, we need to get your dues paid up by December 31st, so you get a chance to win a life membership. We have 180 paid up dues, which puts us at 60%. So, let's all pitch in and help get everyone in by Dec 31 so everyone gets a chance to get a life membership. I would like to thank everyone who worked our steak dinner. It was a job well done. Don't forget the Cookie Fair and the S.A.L. Breakfast on Dec. 14th. We will be calling you for cookies for the Fair.

Remember we also need workers for our Sunday and Wednesday Bingo. Hope to see you at the Post. We are still looking for 'juniors' for our Junior Auxiliary.

Recipe of the Month

EASY LEMON COOKIES

1 (18.25 ounce) package lemon cake mix.

2 eggs

1/3 cup vegetable oil

1 teaspoon lemon extract

1/3 cup confectioner's sugar

1. Preheat oven to 375 degrees

2. Pour cake mix into a large bowl. Stir in eggs, oil and lemon extract until well blended. Drop teaspoonfuls of dough into a bowl of confectioners' sugar. Roll them around until they are lightly covered. Once sugared, put them on an ungreased cookie sheet.

3. Bake for 6 to 9 minutes in preheated oven. The bottoms will be light brown, and the insides chewy.

Squadron Commander Steve's Comments

The year is moving along and plans are being completed for the breakfast and cookie fair, I hope to see you all there.

The Early Bird Dinner is the 16th, come have a meal on us if your membership is paid or you can pay it at the door. Membership is now 66, we are about 1/3 of the way to target and helping the Detachment get a fourth Triple Nickel Award.

Fall Detachment Conference was October 20th in Marshalltown and was well

attended. Plans for mid-winter are being completed it should be very informative conference again this year.

Stop by the Post November 11th after the Veterans Day program at City Hall. Also November 24th there will be a brunch at the Post to help with the Building Fund.

I would like to remind everyone to send us a note with what you are doing to help veterans, be it a visit at home or in the hospital, and what you are doing

with our youth as this will help us fill out a report that shows Congress what we are doing.

Happy 238th Birthday to our post members that were in the Marines.

I hope everyone has a good and safe Thanksgiving and we see you at the Post in December for our breakfast.

And finally for President Sharon Academic Awards are November 1st, she wanted me to remind her.

Till next month, God Bless Our Troops

Clubroom News

The Holiday season is fast approaching and the Post is gearing up for many great activities. Now is the time that we all can focus on being thankful; for our health, our friends and family, and those little moments everyday that put a smile on our faces.

Special thanks to Paul, Andrea, Eric, Scott, Michelle, Melissa, John, Mike, and Sandy, who helped with clubroom functions in October.

Friday, November 1 Halloween Party and Downtown Pub Crawl. Spend your evening at the best place in town. We encourage party goers to bring in a spooky munchie to share. There will be a contest for the scariest, most delicious munchie. Munchies will be judged on taste and theme. We will have lots of great drink specials. Costumes are encouraged but not necessary. Beginning at 7pm is the Annual Downtown Pub Crawl. There is great fun to be had by all.

Wednesday, November 20 is Tenderloin Basket Night. Tenderloins will be served from 5-6:30pm. We invite you to indulge in this massive 7oz tenderloin and French fries for only \$5.00. We also take orders To-Go. Call ahead if you like and we will have them ready for you. 232-9870.

Friday, November 22 is Texas Hold-Em. Play begins at 7pm

Thursday, November 28 Clubroom Closed- Happy Thanksgiving!!

Friday, November 29 the Clubroom opens at noon. Take a break from your Black Friday shopping, or join us for a football game or two. The Clubroom offers the perfect location for food, drinks, and more. Let's munchie all day long!! Bring in your best leftovers sweet or savory.

Stop in and take advantage of the last ISU game day specials. Enjoy pint draws of Busch Light for \$1.50, buckets of beer for \$11, and Bloody Marys.

CLUBROOM COUPON
Any Tuesday in November
Present Coupon to get
2 drinks for the price of 1.
Cash Purchase Only

Academic Awards

The Ames Legion family and Ames High School will host a joint ceremony honoring the top scholars in the junior and senior classes at Ames High School. The ceremony will be held beginning at 6PM on November 1st in the lunch room at the High School.

Each junior and senior that currently has a GPA of 3.5 or more will receive an academic letter if this is their first award or a pin for the seniors who are receiving their second award.

The Post, Unit and Squadron leadership will be joined by the leaders of the Ames school system. Legion family members are welcome and encouraged to attend to help thank these students.

Sunday Brunch



Sunday, November 24, the Post would like to invite you to our fabulous Sunday brunch. Brunch will be served from 11am-1pm. Brunch will include a wide variety of breakfast and dinner fare. We invite everyone to come and enjoy. Don't miss out on the wide variety of fresh homemade baked goods!! Bloody Mary's and Mimosas will be available in the Clubroom. This event is a free will donation to benefit the

building remodeling project.

Holidays for Heroes Fundraiser



On November 24th the Auxiliary will be partnering with Worldly Goods to raise funds for our "Holiday for Heroes" project. Worldly Goods will donate a portion

of their sales to our effort to make the Holidays special for military families. Auxiliary members will be present from 1-4PM to explain our project and offer our "2013 Holiday for Heroes" ornaments. Many of you have ornaments from previous years and will want to continue your collection. Your donation will be used to purchase gifts for our military families.

Veterans Benefits Events

Two free events with information and help on veterans benefits will be held in November. On November 5, the Iowa Department of Veterans Affairs is working with the ARAG Legal Clinic to create Living Will and Power of Attorney documents for veterans at no cost. The event will be from 1:00 to 6:30PM at the Gold Star Military Museum on Camp Dodge.

The Story County Veterans Affairs office is sponsoring a Veterans Benefits Supermarket on November 8 from 8:30AM to 5:00PM. The supermarket will be held at the Ames Moose Lodge, 644 W 190th St in Ames.



The supermarket will include

representatives from the Story County Veterans Affairs office, the VA medical center, the Iowa Veterans Home, the Vet Center, the ISU Veterans Service Center, Story County Assessor and Treasurer's offices, Iowa Work Force, Manpower and the VA Vocational Rehabilitation and Employment Services as well as veterans service organizations.

Both events are free to veterans and immediate family members.

Kudo Korner



Bravo Zulu or BZ, which from the Allied Maritime Tactical Signal Book means well done to the following Post

members this month:

Sarah Schendel for recruiting new members; Marion Eacret and Lois Poppe for their efforts to date on the Annual Membership Drive; the Honor Guard for providing final military honors at three funerals in the past few weeks, and; Keven Brace, Everett Freel, Howard Kyle and Jim Mott for the outstanding Flag Etiquette presentation given to Cub Scout Pack 157 in Gilbert.

AMES POST NO. 37

225 Main Street

Ames, IA 50010

RETURN SERVICE REQUESTED

NON PROFIT ORG
US POSTAGE PAID Permit 147 Ames, IA

LOOK INSIDE FOR COUPON **NOVEMBER**

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
 Find us on Facebook at American Legion Family of Ames, IA Post 37					1 ACADEMIC AWARDS @ AMES HIGH HALLOWEEN PARTY & PUB CRAWL	2 STEAK DINNER 5:30—7:00
3 BINGO	4 LEGION RIDERS 6:30 BUILDING FUNDRAISING COMMITTEE	5 AUXILIARY REGULAR 7:00	6 BINGO	7	8 MUNCHIES NIGHT	9
10 BINGO	11 VETERANS DAY CEREMONY @ CITY HALL LUNCH @ POST	12 SAL REGULAR 6:30	13 BINGO	14 LEGION BOARD 6:30 REGULAR 7:30	15 HOLIDAY PROMENADE OPEN HOUSE AT POST 5-8	16 EARLY BIRD DINNER 5:30—7:00
17 BINGO	18	19 PAST PRESIDENT'S PARLEY 7:00	20 TENDERLOIN 5:00-6:30 BINGO	21 SOCIAL COMMITTEE 6:00 OPERATIONS COMMITTEE 6:30	22 TEXAS HOLD-EM 7:00 MUNCHIES NIGHT	23
24 BRUNCH 11:00-1:00 WORLDLY GOODS FUNDRAISER 1-4 BINGO	25	26 40&8	27 BINGO	OPERATIONS COMMITTEE 6:00 THANKSGIVING CLUBROOM CLOSED	29 CLUBROOM OPEN @ NOON	30