



**POST  
COMMANDER  
DOUG MacCREA**



**UNIT  
PRESIDENT  
PAT KYLE**



**SQUADRON  
COMMANDER  
MIKE DEACON**

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www.ialegionriders.org

www.legion.org  
www.alaforveterans.org  
www.sal.legion.org

# Ames Legion Family In Action

## POST OFFICERS ELECTED

New Officers for the coming year were elected at the June Post meeting. They will be installed at the joint Installation meeting on July 9 at 7PM and officially take office at the close of the state convention on July 14.

The newly elected officers are:

Commander	Doug MacCrae
1st Vice Commander	Marion Eacret
2nd Vice Commander	Keith Harvey
Adjutant	Bob Bellinghausen
Finance Officer	Randy Freel
Historian	John Schomaker
Sergeant-at-Arms	Howard Kyle
Chaplain	Ricky Thompson
Service Officer	Bret McLain
Executive Board	
Martin Escobeto	Everett Freel
Don Johnson	Hank Goetsche
Judy Trumpe	Keven Brace

These Legionnaires will lead the Post next year but they cannot do everything alone. When they call on you, please step forward and help.

## GIRLS NATION SENATOR FROM AMES

The two young ladies shown here will attend Girls Nation later this summer as the Senators representing Iowa.

The girl on the left, Melissa Osanya, attends Ames High and was selected to attend Girls State by the Ames Unit. The Girls Nation Senators are chosen by the staff following nomination by their



city. It is an honor to have one of our own receive such high recognition.

The other Senator, Gabrielle Ruggiero, is from Jessup and was also elected Governor. Gabrielle

was sponsored by the Jessup Post since they have no Unit.

She also has an Ames connection since her mother attended ISU.



The Ames Legion Family hosted several events to raise funds for the 2013 Story County Freedom Flight on June 21 and 22. Bob Parrish organized a shuffleboard tournament and Chris Rehbein directed a Texas Hold-em tournament on Friday night.

Saturday saw a 50's night organized by Ann Rehbein with help from a number of members of the Ames Legion family. Dinner and games and a silent auction were followed by a live auction with Scott Andreas donating his time as auctioneer and many people donating items.

To cut to the chase, the events netted a total of **\$5,000** donated to the Story County Freedom Flight. That will be enough to provide seats for **8** veterans for that trip. The Ames Legion family is grateful to everyone who helped but especially those who provided leadership for the weekend.

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## Post Commander Doug's Comments

It has been a year since I was elected to serve as Post Commander and it has been an interesting, fun, and yes, challenging year. I am honored to have been re-elected to serve you and the Post for another year.

I would like to thank Pat Kyle and Mike Deacon for their outstanding leadership of the Auxiliary and the SAL the past year and their patience working with me in an effort to make the Post a better place for all of our members.

I would like to extend my congratulations and that of the Post membership to the incoming President of the Auxiliary, Sharon Bellinghausen, and the incoming Sons Detachment Commander, Steve Malmquist on their election to those key leadership positions within the Legion family and to everyone who has been elected to various positions of leadership in the Legion,



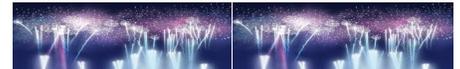
Auxiliary and Sons. I look forward to working with them in the months ahead.

We will hold a Joint Installation ceremony for all of our new Post Officers on July 9<sup>th</sup> at 7:00 PM. I hope that you will

all be able to attend.

July also means the State Convention is here. This year's convention is in Sioux City starting July 11<sup>th</sup>. Among the many activities of the convention will be the election of a new State Commander. Among those being nominated for the position is Jim Demarest from our Post. We congratulate Jim on his nomination and wish him every success in being elected State Commander.

As we gather with family and friends this July 4<sup>th</sup> to celebrate the 237<sup>th</sup> birthday of our Nation, let us be reminded of those who have served to establish and preserve our way of life and for their families who have also answered the call to help preserve our freedoms with their unwavering support of their family members protecting us.



## Unit President Pat's Comments

Thank you to all of you for your help and support the last 2 years. This will be my last news Letter as President. I have had a great time getting to know the job and some new friends along the way.

We will be having installation of new officers at our July meeting, that will be on the second Tuesday July 9<sup>th</sup>.

The incoming Officers are:

President Sharon Bellinghausen

1 <sup>st</sup> Vice President	Ann Rehbein
2 <sup>nd</sup> Vice President	Judy Demarest
Secretary	Sandy Deacon
Treasurer	Marilyn Nervig
Chaplain	Sharon Mott
Sgt. At Arms	Kelli Hitsman
Historian	Pat Kyle
Executive Board	Jan Anderson
Kathy MacCrea	Jan Schmidt
Dee Ball	Kay MacVey

We will be going to State Convention at

Sioux City July 13-14.

Since our 2014 dues are due now we would like as many of you who can pay now so that we can turn them in. Dues are seniors \$25.00 and Jr's \$5.00

Last but not least Ladies we still need Bingo workers. Bingo is Sunday night at 6:00 and Wednesday night at 6:30.

Please help if you can it is greatly appreciated.

Thank you & God Bless—Pat

## Squadron Commander Mike's Comments

Well here is the one we have all been waiting for, My Last Bulletin Article. The Last 3 years have been Great, The Post has grown and we have seen many New Faces joining Our Legion family. The Remodeling of the First Floor was worth the wait and Hosting Our First Department Convention ever, Thank You for The Memories. I'm not going away, but as we all know, we need new Leaders.

Speaking of New Leaders, Squadron elections were held in June and here are the results

Commander	Steve Malmquist
1 <sup>st</sup> Vice Cmdr.	Keven Brace
2 <sup>nd</sup> Vice Cmdr	Open
Finance Officer	Randy Freel
Adjutant	Mike Deacon
Chaplain	Jim Valentine
Sgt. At Arms	Open

Historian	Open
Exec. Board	Stan Elliot
Roger Elliot	Jim Tillie

As you can see we are still short some officers. There are also numerous committees that you might be interested in, so please come down and see if you can give us a hand in keeping the Squadron running Strong.

The Joint Installation for The Ames American Legion Family will be held on July 9<sup>th</sup>, that is the second Tuesday of the month, everyone is invited. Our Convention will be held the following weekend in Sioux City, the 12<sup>th</sup> -14<sup>th</sup>, please come over if you can. Lots to see and learn, so make the trip and see why it is that we do what we do.

Membership is at 189, thank you.

I would like to thank S.A.L. Detachment

Commander Mike Blanchard for coming to our June meeting to thank us for our work this past year and for informing us that The Detachment of Iowa has again Achieved The Triple Nickel, this is a National membership award that we were the first to win 3 years ago, and the only one to win 3 years in a row.

As I said, Thanks for The Memories, Thanks to Commanders Jim Demarest & Doug MacCrea for their Leadership and Guidance and The Wonderful Presidents, Jan Schmidt & Pat Kyle, for their help whenever I called on them. To All those who have been there for me when I needed Help getting things done, You will always be My Friends, but more Important, You will Always be My Family.

See you around the "Ponderosa", Happy Trails.

## Clubroom News

Happy Independence Day to all!! We hope that everyone is well and having a fabulous summer. We invite all of our members to join us for the 4<sup>th</sup> of July parade beginning at 11am. The Clubroom will open at 10am. We will also be grilling hamburgers, hot dogs, and chips out front. We will have excellent viewing spots available for our members in front of the post.

**Wednesday, July 17 is Tenderloin Basket Night.** Tenderloins will be served from 5-6:30pm. Cost of the meal is \$5.00 for these 7oz giants and served with all the fixins' and a side of

### Pasta, Pasta, Pasta

Do you need something quick to take to a pot luck? Do you want to want to make your dish stand out? Then you need to stop by the post and grab a bag of pasta.



We are offering Iowa State and Iowa pasta salad mixes for \$7.50, or American Pride or Support your Troops pasta for \$6.50. All of these pastas have noodles that are shaped per their theme.

These items also make great gifts. If you are interested in a different theme, catalogs are available in the clubroom. Please stop into the post and grab yours today. All the proceeds benefit the Building Fundraising Campaign.

fries. We will look forward to seeing you. Don't forget that you can also get them to-go!!!

**Friday, July 26 is Texas Hold-'Em.** Stop in for a fun filled night. Play begins at 7pm.

Points of interest:

The appetizer of the month will be Cheddar Breaded Cauliflower. Try them for only \$3.00. Remember that every Thursday this summer is Dollar Dogs. Stop down anytime on Thursday for a 1/3 lb. Hot dog and chips for only \$1.00.

### Celebrate Fourth of July

The City of Ames will be celebrating the Independence of the United State of America on July 4th. The Ames Post will be participating and could use your help with some those events.

We will post the flags in the downtown area at 7AM that morning and remove them at 5PM. We will be providing the color guard to lead the parade. We can use help with all three but especially with the parade. We have members to carry and guard the colors but it would be much more impressive if we had a larger delegation.

The uniform is short sleeve white shirt, blue pants and Legion cap and tie. We can help with those last two if you need. Please contact the post at 232-9870 and leave your name if you are willing to march. We will be in touch with the time and place to meet

Whatever you choose, remember those who guarantee our freedom that day.

### Pheasant Hunt for Disabled Vets



The Story County Chapter of Pheasants Forever (PF) in cooperation with the Story County Conservation Board are organizing a special pheasant hunt for disabled veterans. The hunt will be on Sept. 14, 2013 at Jim Ketelsen Greenwing Marsh, a Story County Conservation Board property and public hunting area outside of Ames, Iowa. Farm-raised birds will be released on the property to ensure ample supply of game for the event; the PF chapter will provide firearms/ammunition to participants if needed. The event will include a simple

meal after the hunt. No costs or hunting licenses/permits are required for this event. Veterans interested in hunting should contact Don Berning (515-290-6578, [arason@comcast.net](mailto:arason@comcast.net)), Hank Zalatel at 515--290-7247 or visit Story County PF website at [www.storycountypheasantsforever.com](http://www.storycountypheasantsforever.com) to sign up. Pre event registration is desired to allow for adequate pheasants, food and accommodate your needs. Sign up will be cut off Sept 7.

Priority will be given to Story county residents, but interested veterans from outside the county should make contact to check for open positions. Veterans interested in participating as volunteers at the event are also encouraged to make contact.

### CLUBROOM COUPON

**Any Tuesday in July  
Present Coupon to get  
2 drinks for the price of 1.  
Cash Purchase Only**

### Legion Riders



The American Legion Riders have been having fun on their Monday night dinner rides. Started out rough with the weather but the weather has been cooperating

beautifully. We will lead the parade on the 4th of July in Ames. More info will be emailed out regarding time and location. Our meetings are the first Monday of the month. Our next meeting is July 1. If you have a motorcycle and enjoy short rides come to the meeting and check us out.

Join us for a night of fabulous food and drink. The T-Bone dinner will include: a 12oz T-Bone, choice of potato, roll and salad. All of this for only \$12.00!!! Why grill at home when we will do all the work for you.

### Poppy Report

The donations to the Poppy Fund during the May 17-18 Memorial Poppy distribution totaled \$3,164.43. Special recognition certificates were presented to KASI Radio Station, Green Hills Retirement Center, The Grove Café and Mr. Fred Vogtlin for their outstanding help during this project.

Junior Auxiliary member Kylie Spencer won 1st Place in the Sixth District Poppy Poster contests. She was also presented a certificate at Junior Camp for placing 3rd overall in the Department Poppy Poster Contest.

All Legion Family Members

Dues Renewal Time is here. Don't wait! Help us get off to a fast start. We had a great membership year for 2013. Let's have an even better result for 2014.

AMES POST NO. 37  
 225 Main Street  
 Ames, IA 50010

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LOOK INSIDE FOR COUPON

# JULY

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	1 LEGION RIDERS 6:30	2	3 BINGO	4 DOLLAR DOG NIGHT JULY 4 PARADE WITH GRILL OUT FRONT	5 MUNCHIES NIGHT	6
7 BINGO	8 BUILDING FUNDRAISING COMMITTEE	9 JOINT INSTALLATION 7:00	10 BINGO	11 DOLLAR DOG NIGHT LEGION BOARD 6:30	12 MUNCHIES NIGHT	13
14 BINGO	15	16	17 TENDERLOIN 5:00-6:30 BINGO	18 DOLLAR DOG NIGHT	19 MUNCHIES NIGHT	20 T-BONE DINNER 5:30—7:00
21 BINGO	22	23 40&8	24 BINGO	25 DOLLAR DOG NIGHT OPERATIONS COMMITTEE 6:00	26 TEXAS HOLD-EM 7:00 MUNCHIES NIGHT	27
28 BINGO	29	30	31 BINGO	 Find us on Facebook at <b>Legion Family of Ames, IA Post 37</b>		